

## VITALITY & BALANCE RETREAT – 5N6D SPA PACKAGE – DIRECT RATE

### Being to Be Free: Rediscover Your Inner Freedom

Recharge Your Spirit, Renew Your Life: Escape the demands of your busy life with a retreat crafted to nourish your mental health, restore energy balance, and invigorate your physical well-being. Immerse yourself in a sanctuary of relaxation and rejuvenation, where every moment is dedicated to helping you recharge, detach, and rediscover your inner freedom.

#### **What Awaits You:**

- Mental Health Renewal: Engage in mindfulness sessions, guided meditations, and supportive workshops designed to declutter your mind, uplift your mood, and build resilience.
- Recreational Activities: Enjoy a variety of activities, offering both relaxation and fun while connecting with nature and your inner self.
- Spa and Wellness Therapies: Indulge in luxurious treatments tailored to melt away stress, rejuvenate your body, and restore balance to your energy.
- Stress Relief: Practice restorative yoga, experience calming breathing exercises, and explore stress-management techniques to help you find calm amidst life's chaos.
- Energy Balance: Feel revitalized with recreational activities, holistic therapies, and energizing activities designed to recharge your mind and body.
- Physical Well-Being: Participate in gentle fitness sessions, soothing nature walks, and practices that nurture your body and enhance your vitality.

#### **Why Choose This Retreat?**

Leave behind the noise of daily life and step into a world of relaxation and healing. With a focus on mental, physical, and emotional wellness, this retreat offers the perfect opportunity to reconnect with yourself, regain balance, and embrace the joy of simply being.

#### **I. VITALITY AND BALANCE RETREAT PACKAGE RATE (5 nights 6 days):**

**Booking period:** bookings made from Now to 30 Apr 2026

**Stay period:** from Now to 30 Apr 2026

**Promotion:** 20% off for booking report before 31 May 2025 and stay between 1 Oct 2025 to 22 Dec 2025 (applied to FIT and Group 20 person)

Rate in VND net including taxes ROOM TYPE:	PACKAGE RATE PER ROOM/VILLA PER 5 NIGHTS		EXTENTION RATE PER ROOM/VILLA PER NIGHT	
	Single	Double	Single	Double
Garden Superior	30,391,200	38,329,200	4,195,800	4,195,800
Lagoon Superior	32,659,200	40,597,200	4,762,800	4,762,800
Ocean Studio Suite	34,927,200	42,865,200	5,670,000	5,670,000
Ocean Suite	53,071,200	61,009,200	10,206,000	10,206,000
One-Bedroom President Suite	64,411,200	72,349,200	12,474,000	12,474,000
One-Bedroom Pool Villa (2 pax)	64,638,000		9,072,000	
Two-Bedroom Pool Villa (4 pax)	89,586,000		10,773,000	
Three-Bedroom Pool Villa (6 pax)	113,400,000		12,474,000	
Four-Bedroom Beach Front Pool Villa (8 pax)	204,120,000		26,082,000	

Extra bed and child rate	Package 5 nights	Extension night	Child Noted: Yoga and wellness activities is from 12yrs up, Spa is from 16yrs old up
Child below 4	0	0	
Child 4-12 – no extra bed/mattress	1,500,000	300,000	Breakfast included
Child 4-12 – WITH extra bed/mattress	6,000,000	1,200,000	Breakfast included
Third person	13,000,000	1,200,000	Full package benefits included

**Package Benefits**

- Daily international buffet Breakfast
- Round-trip airport transfers
- 6 Days retreat as below details
- Wireless internet in rooms and public areas
- Free entrance to 02 swimming pools, Steam bath, Sauna, and Fitness Centre
- 20% discount on spa a la carte treatments
- 20% discount on private wellness activities
- 15% discount on food and beverage
- 10% discount in recreation activities

**RETREAT INCLUSIONS:**

**Day 1**

- Welcome set-up of Seasonal fruits & wellness shots
- 14h00 Check in at Hai Van Lounge
- 15h30 Private Energizing Breathing Session 40 minutes
- 20h00 Evening Foot Reflexology per person
- Evening turndown with wellness tea

**Day 2**

- 07h00 Choice to participate on the Daily Wellness Activities
- 10h00 Bicycle Trip
- 17h00 Private Aura Healing Session 60 minutes
- 20h00 Evening Body Massage
- Evening turndown with wellness tea

**Day 3**

- 07h00 Group Morning Yoga
- 10h00 Private Coffee Making
- 16h00 Private Tibetan Healing Sound Ritual 40 minutes
- 20h00 A moment of Recharge and Revitalize 60 minutes per person
- Evening turndown with wellness tea

**Day 4**

- 06h00 Private Early Nature Walk & Breathing Meditation 60 minutes
- 10h30 Cooking Class at Taya House
- 16h00 Private Tennis Session
- 20h00 Organic Aromatherapy Facial per person
- Evening turndown with wellness tea

**Day 5**

- 06h00 Private Fitness Coaching
- 07h00 Basket Boat Activity
- 16h00 Private Crystal Healing Meditation 40 minutes
- 20h00 A moment of Deep Sleep Therapy 60 minutes per person
- Evening turndown with wellness tea

**Day 6**

- 07h00 Group Morning Yoga
- 10h30 Instagram Photo Tour
- 12h00 Check out
- Souvenir from V-Senses Wellness & Spa

**II. SURCHARGES:**

- A surcharge of VND 500,000 net per room per night will be applied for peak periods: Christmas & New Year (22 December 2024 to 5 January 2025), 27 Jan -2 Feb 2025, Victoria Day (30 Apr -3 May 2025) and Summer 1 Jun to 3 Sep 2025

- A surcharge of VND 1,200,000 net per Villa per night will be applied for peak periods: Christmas & New Year (22 December 2024 to 5 January 2025), 27 Jan -2 Feb 2025, Victoria Day (30 Apr -3 May 2025) and Summer 1 Jun to 3 Sep 2025

**Compulsory New Year Eve Dinner - Excluding beverages**

- Christmas Eve Dinner 24 December: VND 2,136,000 net adult – VND 1,344,000 net/children (4 – 12 years old)
- New Year Eve Dinner 31 December: VND 5,280,000 net/adult – VND 3,840,000 net/children (4 – 12 years old)

**III. TERMS AND CONDITIONS:**

Cancellation Policy:

PEAK SEASON (mentioned in Term II)		CONTRACT SEASON	
Notice Period	Cancellation Charges	Notice Period	Cancellation Charges
> 30 days	No charge	> 7 days	No charge
15-30 days	50 % charge	3 – 7 days	50 % charge
7-14 days	75 % charge		
< 7 days	100 % charge	< 3 days	100 % charge
No show	100 % charge	No show	100 % charge
Shortened Stay	100% charge	Shortened Stay	100% charge

**CHECK-IN/CHECK-OUT TIME**

The Resort's official check-in time is from 14:00 hrs. and the check-out time is 11:00 hrs. Request for early check-in or late check-out should be made in advance in writing to the Resort's Sales Department or Reservation Office and subject to the Resort's reconfirmation of availability and condition.

**PAYMENT**

Credit cards accepted: American Express, Visa, Master Card, JCB and Diners Club or bank transfers

- Bank Name: **MB Bank – Danang Branch**
- Bank address: **174 Le Dinh Ly St, Hoa Thuan Nam Ward, Hai Chau District, Danang City**
- Account Name: **CÔNG TY CỔ PHẦN KHU DU LỊCH BẮC MỸ AN**
- Account Number: **918 777 999 (VND)**

Bookings should be sent to Reservation Department via email, or fax per the below details:

Email: [reservation@furamavietnam.com](mailto:reservation@furamavietnam.com)

Telephone: +84-236-3874-888 | Fax: +84-236-3847-192